

8/29/2024

Mental Health, Counseling, and Therapy Services

All Mental Health referrals must be initiated by the individual/patient seeking assistance of the mental health professional (self-referral). This is true for all insurance carriers.

Please check your insurance card for a toll-free number to call regarding your Mental Health benefits. You will be connected with the gate keeper, which may be a third-party insurance group, that will assist you with your Mental Health benefits. They will provide you with everything you need to proceed including coverage information, authorization, and an updated list of participating providers for your location.

If you have insurance coverage through Medicaid or a Medicaid HMO, you must call Community Mental Health (CMH) Services for authorization and assistance. The phone number for CMH of Clinton-Ingham-Eaton counties is: 517-346-8200.

Below you will find a partial listing of Mental Health Professionals found in the Greater Lansing area. Please feel free to contact any of the providers listed to inquire if they will accept you as a new patient.

Comprehensive Psychological Services	2720 East Lansing Dr. East Lansing, MI 48823 517-337-2900
Child & Family Psychological Services	131 E. Columbia Ave. Ste. 100 Battle Creek, MI 49015 269-372-4140
Diversity Psychological Services	601 Abbot Rd. Ste. 103 East Lansing, MI 48823 517-574-4197
Headspace Counseling	411 W. Lake Lansing Rd. Ste. B110 East Lansing, MI 48823 517-657-3533
Lansing Psychological Associates	2001 Abbot Road East Lansing, MI 48823 517-337-6545
LifeStance Health	3435 Belle Chase Way Lansing, MI 48911 517-882-3732

Michigan Psychological Care	1505 Waterford Pkwy St. Johns, MI 48879 989-292-3572
New Oakland Family Center	2300 Jolly Oak Rd Okemos, MI 48864 517-679-205
Okemos Psychological Services	2172 Commons Parkway Okemos, MI 48864 517-819-5654 *Limited availability
Par Rehab	3960 Patient Care Drive, Suite 104 Lansing, MI 48911 517-887-9801
Pure Psychiatry of Michigan	2422 Jolly Rd Suite 100-A Okemos, MI 48864 734-600-7873

URGENT SERVICES

Crisis Service Accepts Walk-In or Call 24 Hours/Day*	812 E. Jolly Road Lansing, MI 48910 (517) 346-8460
Crisis Services Community Mental Health Building*	(800) 372-8460 Hearing Impaired: (800) 649-3777 http://www.ceicmh.org/services/cs
National Suicide Prevention Lifeline Available 24 Hours/Day*	Dial 988 or call (800) 273-8255

ADDITIONAL RESOURCES

- A New Hope Counseling Center.....(517) 323-4531
- Blooming Minds Counseling.....(517) 862-1615
- Bridges Crisis Unit(517) 346-8415
- Child & Family Psychological Services (Battle Creek).....(269) 372-4140
- Delta Family Clinic (Flint).....(810) 630-1152
- Justice in Mental Health Organization.....(517) 371-4661
- Healthy Minds Psychiatric.....(517) 999-1104
- Hope Network.....(517) 332-1616
- Huffman Psychology.....(517) 337-9554
- Lansing, MI Carefree Medical Behavioral Health.....(517) 272-4007
- Okemos Center for Therapy.....(517) 349-0661

Peace & Harmony Counseling.....(517) 993-5950
Psychological and Consultation Services.....(517) 336-7366
Problem Gambling Helpline.....(800) 270-7117
Psychological & Behavioral Consultants.....(517) 372-2535
Southeast Michigan Coordinating Agency (SEMCA).....(800) 686-6543
Turning Leaf.....(517) 393-5203