

## **FAQ's about CenteringPregnancy:**

### **Is anyone able to participate in Centering Group Visits?**

Centering group visits are for women who are considered low risk with singleton pregnancies. Traditional individual visits are recommended for women with history or preterm delivery, chronic hypertension and history of gestational diabetes as well as women that do not speak English.

### **How will I meet the other doctors involved in my care?**

Before entering the Centering Visits at 16 weeks, you will meet with a Physician at the Pregnancy Confirmation Visit. Once Pregnancy is confirmed, you will see a Physician at your first official pregnancy visit, after your anatomy scan at 20 weeks and at 37, 39 and 40 weeks of pregnancy.

### **What if I have a problem that I don't feel comfortable discussing in a group setting or need a private exam?**

Each centering visit will allow about 3 minutes of semi-private time with the Nurse Midwife or Physician during your belly check. Concerns that will need more of a discussion or private exam may be scheduled with a Physician or Nurse Midwife outside of the Centering Visit.

### **How will Centering Visits be billed?**

Centering visits are billed the same as routine prenatal care. Visits needed to address concerns outside of routine prenatal care will be billed as an office visit and may be subject to copay.

### **Can my partners or children attend the visits with me?**

We encourage partners to participate in the experience with you! We request that you have childcare for centering visits so everyone can get the most out of the education offered.

### **What happens if my pregnancy turns high risk or if I need additional care outside of Centering?**

For women who develop gestational diabetes or high blood pressure in their pregnancy, they will have additional visits when blood glucose and blood pressure med adjustments will take place. These will be billed as an office code; 10 global codes will be billed by CenteringPregnancy visits.